

# YEAR 7 Home Economics –Introduction to Sewing

- Unit Outline -



## Course Description:

This unit is designed to give students an introduction to hand sewing. In year 8 students will learn how to use a sewing machine, this unit focuses on hand sewing, giving students the opportunity to construct simple items and learn basic stitches.

Throughout the term, students will be required to work safely and co-operatively to complete set sewing tasks.

## Course Outcomes:

By the end of this unit students should be able to:

- Identify and use different hand sewing techniques
- Be able to sew on a button
- Be able to hand sew two pieces of fabric together

## Course Organisation:

The organisation of the unit will be:

- Practical Hand Sewing time – every week
- Written workbook to be filled in on a weekly basis, completed by end of term

## Student's activities will include:

- Hand sewing activities
- Classroom Activities
- Assessment Tasks

## Course Vocabulary:

Back stitch, running stitch, cross stitch,

## Specific Equipment required for each lesson:

- Pens/Pencils
- Students with long hair are requested to tie their hair up
- Enclosed shoes must be worn at all times in the Home Economics room

## Duties:

As well as keeping their own work areas clean and tidy students are expected to help with the general upkeep of the room. To facilitate this they will have tasks allocated weekly and at the end of each term will be involved in major cleaning tasks.

**Course Timeline:**

Wk	Activity	Assessment
TERM 4		
1	Intro to course unit – threading a needle,	Bookwork
2	Running stitch – sewing your name	Bookwork
3	Sewing on a button	Bookwork
4	Making a fridge magnet	
5	Making a fridge magnet	
6	Making a monster out of felt	Magnet due
7	Making a monster	
8	Making a monster	Monster due Written Test
9	Class time to complete unfinished work	Completed Workbook Due
10	Countryweek	

## - Assessment Outline -

**Course Assessment:**

Week	Assessment type	Weighting	Mark Achieved	Grade
Term 4 Wk 6	Written Test - Sewing	10%		
	Finished Fridge Magnet	20%		
	Finished Felt Monster	20%		
	Practical Sewing Skills	20%		
Ongoing	Attitude/Behaviour	10%		
Term 4 Week 8	Finished Workbook	20%		