

YEAR 7/8 – Health Education

TERM 3

Unit Outline – Drug Awareness



Course Description:

This course is taken directly from the SDERA Challenges and Choices Education Program. This term the focus is on Drug Awareness.

Course Outcomes:

By the end of this unit you should be able to:

- Have knowledge of drug and alcohol facts
- Identify ways of reducing drug and alcohol user risks
- Have an understanding of ways to seek help for friend who may be at risk
- Understand western Australian Laws relating to drug use
- Understand Western Australian Laws relating to alcohol

Course Organisation:

The organisation of the unit will be:

This unit runs for 50 min once a week. Students are required to have their own Health workbook or file and lesson by lesson directions will be given. Time is limited so there is an expectation students will complete work outside of class on occasion.

Students' activities will include:

- Information pertaining to the course outcomes
- Self-reflection
- Active and responsible participation in all class discussions

Course Vocabulary

- TOBACCO
- ANALGESICS
- ALCOHOL
- CANNABIS
- TRANQUILISERS
- ECSTASY

- BAC
- HALLUCINOGENS
- COCAINE
- HEROIN
- AMPHETAMINES

- ILLICIT
- ILLEGAL
- STIMULANTS
- DEPRESSANTS
- BINGE DRINKING

***Because of the nature of the Health Education unit, Incursions and guest speakers can sometimes alter the order of topics covered. Students are encouraged, and marked, on their contributions to class discussions. Because I encourage students to take an active and vocal part in every class, in depth class debates can also effect the unit timeline.**

Course Timeline:

Wk	Activity	Assessment
1	Introduction and outline – Drug Awareness	
2	Alcohol - Statistics	
3	Alcohol & the Law	
4	Tobacco & Cannabis - Statistics	
5	Ecstasy& Amphetamines - Statistics	Case Study
6	Harm & Consequences of Drug Use	
7	Predicting & Responding to Drug use	Class Task
8	Alcohol and other drugs in a social setting	
9	Help-Seeking in Drug Related Situations	Topic Test
10	Unit overview	

- Assessment Outline -

Course Assessment:

Wk	Assessment type	Weighting	Marks achieved	Your Total
Ongoing	Attitude and values	20%		
Ongoing	Contribution to Class Discussion	20%		
	Case Study	20%		
	Class Task	20%		
	Topic Test	20%		

Specific Equipment required for each lesson:

- Students need to bring their Health workbook/file, scissors, pens, pencils and colour pencils to each class.