

YEAR 10 – Health Education

SEMESTER 2 TERM 3

Unit Outline – Sexual Education-



Course Description:

This term the focus is on Sex Education and will cover the topics such of human development, relationships and interpersonal skills, sexual expression, sexual health, society and culture, as well as how to prevent unintended pregnancy, sexually transmitted infections (STIs) and HIV.

Course Outcomes:

By the end of this unit you should be able to:

- Have an in depth knowledge of STIs, and HIV
- Understand ways to have safe sex and various means of contraception
- Be aware of how to build a healthy relationship and the role that sexual intercourse may have in a relationship
- Have an understanding of gender orientation and GLBTQ societal values

Course Organisation:

The organisation of the unit will be:

This unit runs for 50 min once a week. Students are provided with a workbook and lesson by lesson direction. Time is limited so there is an expectation students will complete work outside of class on occasion.

Students' activities will include:

- Information pertaining to the course outcomes
- Self-reflection
- Active and responsible participation in all class discussions

Course Vocabulary

- HEALTHY RELATIONSHIPS
- PREGNANCY
- SAFE SEX
- SEXUAL ORIENTATION
- HOMOPHOBIA
- GLBTQ

- STIs
- CHLAMYDIA
- HIV
- SYPHILIS
- GONORRHEA
- HERPES
- GENITAL WARTS
- HPV

- Genitalia
- Vagina
- Penis
- Vulva
- Urethra
- Clitoris
-

*Because of the

nature of the Health Education unit, Incursions and guest speakers can sometimes alter the order of topics covered. Students are encouraged, and marked, on their contributions to class discussions. Because I encourage students to take an active and vocal part in every class, in depth class debates can also affect the unit timeline.

Course Timeline:

Wk	Activity	Assessment
1	Introduction and outline –What do you want to learn from this Unit?	
2	Identifying Male and Female Reproductive System	
3	Healthy Relationships	
4	Sexual Activity, expectations and assumptions	
5	Safe Sex and Contraception	
6	Contraception	Assignment
7	STIs and HIV	
8	Gender Orientation	
9	Gender Orientation and Identity	Topic Test
10	Countryweek	

- Assessment Outline -

Course Assessment:

Wk	Assessment type	Weighting	Marks achieved	Your Total
Ongoing	Attitude and values	25%		
Ongoing	Contribution to Class Discussion	25%		
	Assignment	25%		
	Topic Test	25%		
	Overall Grade	A-E		

Specific Equipment required for each lesson:

- An exercise book and worksheets will be provided
- Students need to bring scissors, pens, pencils and colour pencils to each class