



## COUNTRY WEEK

Our High School students left school at 7.00 a.m. on Monday morning to attend the 2017 Country Week competition in Perth. Fifty students from Year 7 to Year 10 will be competing in football, netball and volleyball. New sports uniforms have been purchased for our students, and the enthusiasm was contagious as students lined up ready for their first event! We will provide a list of results in our first newsletter next term.



*Gingin DHS Football team ready to begin their competition*

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## Student Placements 2018

As a part of the Expert Review Group recommendations, the school has established a Human Resource Management Committee to examine our class structures and allocation of resources. The committee is composed of staff and community representatives.

At meetings this term, the committee developed principles of operation for establishing classes and ensuring student needs are met. These principles were then discussed at a whole staff meeting and a School Council meeting and have been ratified by both groups.

One of the main principles relates to placing students in classes for the following year: "The school will place students in a class or program that best meets their academic, social and physical requirements." Teachers will ensure that a great deal of effort is taken to meet these conditions in all our classes for 2018. We hope to be able to expedite the development of our classes so that class lists will be available earlier this year than previously, but this does mean that published class lists will need to be final and no changes can be made.

Class lists for 2018 will be available by December 1 (the end of week 8, Term 4).



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## Published Author!

Earlier this year, students from Room 10 entered a national writing competition. Flynn Schaffer was one of the winners and has had his writing published in the national Schools Magazine, 'Countdown'. Congratulations, Flynn! We are very proud of you.

# Coming Events

## TERM 4

WEEK 1

**Monday 9<sup>th</sup> October**

School Development Day - PUPIL FREE DAY

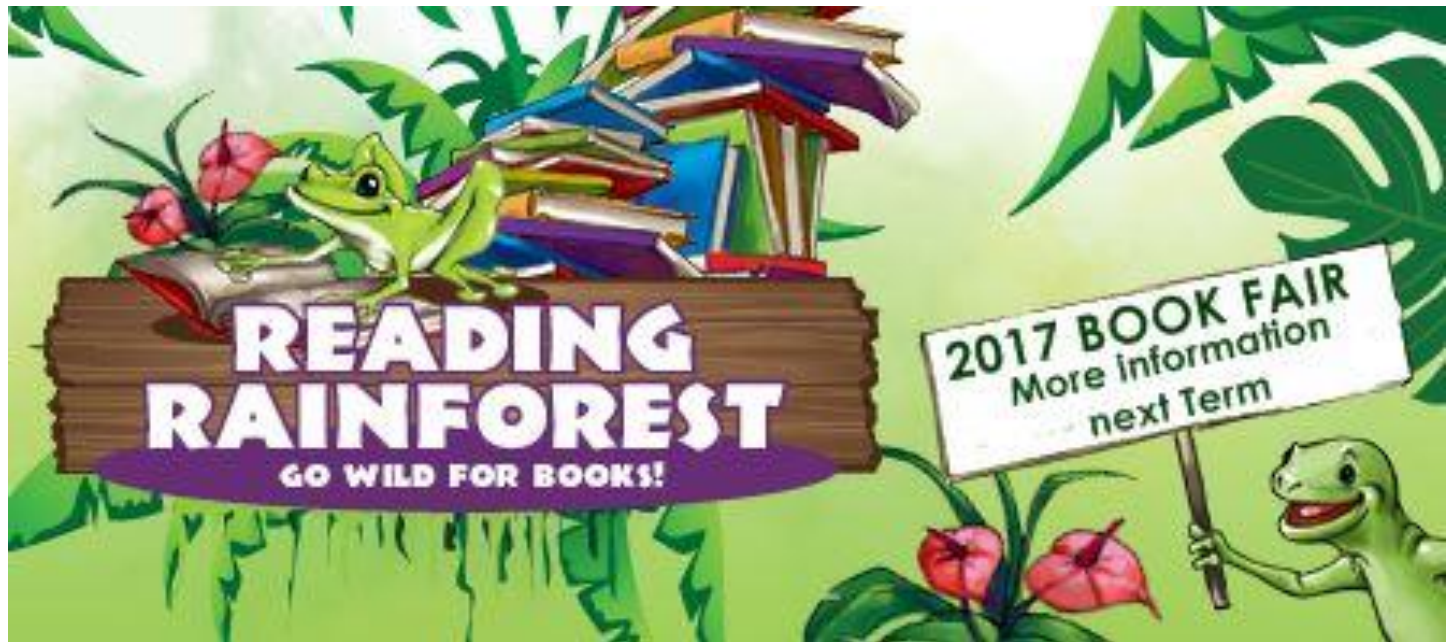
**Tuesday 10<sup>th</sup> October**

Students commence Term 4

WEEK 2

**Thursday 19<sup>th</sup> October**

SSWA Athletics Track & Field - Secondary



### Kindy Readiness Information Session

being held at Gingin DHS in Pre-primary 1 classroom  
from 9am – 11.30am on Wednesday 25<sup>th</sup> October, 2017  
Morning tea will be provided and there will be  
handouts from presenters

#### OUTLINE

This information session is jam-packed full of useful information and tips on how to get your child ready for Kindy. 2018 Kindy children may attend as there will be a classroom orientation session for them at the end of the information session. A crèche will be run by our Education Assistants. Babies are welcome but will need to stay with the parent.

**Please note:** Parents who wish to use the crèche facility need to be at school by 8.45am to allow time for your child to settle in.



RSVP by Friday 20<sup>th</sup> October for catering purposes.  
Let us know if you are unable to attend and we will  
post a package of handouts to you!

Educational Assistants will be available to supervise children.

## P & C News

### THERMOMIX RAFFLE

The P&C want you to win a Thermomix valued at \$2086.  
\$20.00 a ticket (with bank transfer option available)  
Ticket drawn 26<sup>th</sup> October at the Assembly.

To purchase a ticket please contact Danica on 0409  
298 677, come to the IGA stall on Saturday 16<sup>th</sup>  
September or alternatively speak with one of our P&C  
members.

*Danica Todd, P&C Secretary*

### FACEBOOK PAGE

The P&C have their own Facebook Page called Gingin District High School P&C. At the last meeting it was voted in that the Facebook page would only be used for the P&C to advertise up and coming events relating to us and good news stories within the school. Only admin will be able to post. Unfortunately we will not be posting about lost items of clothing anymore. If you have something that you would like to put on the page you will need to email our secretary at [ginginpcsecretary@gmail.com](mailto:ginginpcsecretary@gmail.com).

*Rochell Van Blitterswyk, P & C President*



# Community News

## WANNAMAL MARKETS AND ART EXHIBITION

The Wannamal Art Group is preparing for its fourth art exhibition and sale of local produce -

**Friday 3<sup>rd</sup> and Saturday 4<sup>th</sup> November  
at the Wannamal Hall**

If you are interested in selling art, craft, photography, cakes, biscuits, slices, local produce, eggs, jewellery, jams, pickles, books, bric-a-brac etc. or have something of interest to display, please contact Pam Myers on 9655 7006 or bring your wares to the hall on Thursday 2<sup>nd</sup> November from 9.30am - 3.30pm.



**REMEMBER TO SAVE THE DATE** SUNDAY 15<sup>TH</sup> OCTOBER 2017 AT 10.00 AM  
START FROM GRANVILLE CIVIC CENTRE  
REGISTER YOUR INTEREST AT THE GINGIN COMMUNITY RESOURCE CENTRE.

**CALINGIRI PRIMARY SCHOOL CENTENARY CELEBRATION** - Cavell Street, Calingiri on Saturday 14<sup>th</sup> October 2017.



Presents...



**FUN FREE FITNESS SESSIONS**

**PT with Ali G**  
Personal Training & Group Fitness  
040 893 6942 Active Living in Gingin

## GINGIN

Tuesday 26 September 2017  
Held at Granville Civic Centre

5 to 7 year olds 12:30pm to 1:30pm  
8 to 11 year olds 1:30pm to 2:30pm  
12+ year olds 2:30pm to 3:30pm

**Please register by 12 noon on Tuesday 18 September as places are limited.**

Contact Cher at the Shire of Gingin on 9575 5138 for registration information or go to our Facebook page.



## FREE WORKSHOPS - GINGIN AND LANCELIN

(Final opportunity to attend a FREE Volunteering Support Workshop in 2017 and 2018)

### GINGIN

#### Recruiting Volunteers Workshop -

**Date:** 24 October **Location:** Granville Hall Weld Street Gingin

**Time:** 10am- 12.00

**Understand** - The motivations of volunteers and where to find them, the recruitment process and how to write and advertise volunteer positions.

**Identify** - The roles needed in your club and how to recruit for roles successfully, what systems and processes you have in place for volunteer recruitment and an appropriate approach for your organisation in recruiting and managing volunteers so that you can keep them.

#### AND on the same day

#### Retaining Volunteers Workshop -

**Date:** 24 October **Location:** Granville Hall Weld Street Gingin

**Time:** 1- 3.00pm

**Identify** - Your volunteers, their backgrounds and volunteering habits.

**Understand** - The motivations of volunteers and reasons they stay or leave and develop your ability to personalise volunteer recognition and improve retention. REGISTER for Recruiting and Retaining Volunteers Gingin. It is strongly advised to attend both workshops for maximum benefit. Please call Tanya on 0429 260 537 or Helen Sutherland 0419 604 101 for further information or assistance with booking.

#### AND on the same day

#### One Time Offer -One on One (30 min) Volunteer Management

**Consultations** between 3.15pm and 4.45pm same location. Please contact Helen Sutherland [clubdev@gingin.wa.gov.au](mailto:clubdev@gingin.wa.gov.au) or 0419 604 101 to book your personalised, customised consultation session.

### LANCELIN

#### Developing Volunteer Management Plan Workshop-

**Date:** 25 October **Location:** Lancelin Shire of Gingin Office 255 Vins Way Lancelin

**Time:** 9.00am - 11.30

**Understand** - The motivations of modern volunteers and where to find them.

**Identify** - What systems and processes you have in place for volunteer management. (If you have none, don't worry we will help you with lots of free resources.) and an appropriate approach for your organisation in managing volunteers so that you can keep them. REGISTER for Volunteer Management

Lancelin.

### **AND on the same day**

### **One Time Offer -One on One (15 min) Volunteer Management**

**Consultations** between 12.00 and 12.30 same location. Please contact Helen Sutherland [clubdev@gingin.wa.gov.au](mailto:clubdev@gingin.wa.gov.au) or 0419 604 101 to book your personalised, customised consultation session.

### **AND on the same day**

### **Step Into Volunteering Workshop -**

**Date:** 25 October **Location:** Lancelin Shire of Gingin Office 255 Vins Way Lancelin

**Time:** 12.45 - 1.30pm

Are you thinking about volunteering but you're not sure where to start? This information session is an **informal introduction to volunteering.**

Find out about - The benefits of volunteering i.e. health, friendships, up skilling, the variety of opportunities available for all ages and skill levels, your rights and responsibilities as a volunteer, the application process and how to best search for volunteering positions whether every day, every week or once a month from home. REGISTER for Step into Volunteering Lancelin.

MUST BOOK FOR ALL OF THE ABOVE. Truly appreciate your support

Helen Sutherland 0419 604 101



### **Healthy Food and Drink Policy**

All Government, Independent and Catholic schools in Western Australia use a traffic light system to ensure that their students are being offered healthy and nutritious food within the school setting. This traffic light system- also known as the Healthy Food and Drink policy- categorises food according to its nutritional content. For example;

Green foods include foods that should make up the majority of our diet, and which should be eaten every day such as fruit, vegetables and reduced fat dairy products.

Amber foods have some nutritional value, but should be used sparingly and in moderation. Amber foods include some pre packaged items like oven baked chips, full fat cheeses and yoghurts and some breakfast bars.

Red foods are food and drinks that are not part of a healthy diet such as lollies, chocolates and soft drinks. "Red" food should not be offered within the school setting as they provide no nutritional benefit for children, and are not conducive to learning.

Parents can help to support this policy by providing healthy lunches to their children which includes a wide range of 'Green' foods such as:

- A cheese and lettuce wrap
- An English muffin with tomato paste, capsicum, ham and cheese
- Wholegrain crackers with hummus dip and cherry tomatoes
- Rice salad with corn, capsicum, tomato and three bean mix.
- As well as a healthy snack such as vegetables and dip, a tub of yoghurt or some fresh fruit.

By providing your child with a healthy lunch, you will be setting them up with good lifelong habits. Healthy lunches help children to be better able to concentrate at school and gives them more energy to play and learn.

### **Quick Tip**

Pack a frozen drink or ice brick in your child's lunchbox to help keep food fresh and safe to eat.

### **Recipe Link**

Date and Muesli Slice

<https://livelighter.com.au/Recipe/133/date-and-muesli-slice>

## *Relationships Australia*

### **"Mums Raising Teen Girls"**

This workshop will discuss:

- The importance of the mother-daughter relationship:
- How mums can be positive role models for their daughters:
- How to better understand the challenges of their daughter's teenage years:
- How mums can enhance their daughter's self-esteem

**Date:** Monday 9<sup>th</sup> October 2017

**Time:** 6.30pm to 9.00pm

**Where:** 22 Southport St, West Leederville

*Bookings are essential – please phone 6164 0200 to enrol*

### **"Dads Raising Teen Girls"**

This workshop will discuss:

- Building a positive relationship with your teenage daughter:
- Issues teenage girls face today:
- How to cope with the changes in your teenage daughter:
- What do teenage daughters need from their dads;
- Practical ways you can help her make better choices.

**Date:** Monday 9<sup>th</sup> October 2017

**Time:** 6.30pm to 9.00pm

**Where:** 22 Southport St, West Leederville

*Bookings are essential – please phone 6164 0200 to enrol*